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Total Number of Pages in This Submission

7

Application Number

10/625,019

Filing Date

July 23, 2003

First Named Inventor

Paul R. GARY

Art Unit

3764

Examiner Name

Lori Baker AMERSON

Attorney Docket Number

WOG 8339.0001

ENCLOSURES (Check all that apply)

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| <input type="checkbox"/> Fee Transmittal Form | <input type="checkbox"/> Drawing(s) | <input type="checkbox"/> After Allowance Communication to TC |
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| <input checked="" type="checkbox"/> Amendment/Reply | <input type="checkbox"/> Petition | <input type="checkbox"/> Appeal Communication to TC (Appeal Notice, Brief, Reply Brief) |
| <input type="checkbox"/> After Final | <input type="checkbox"/> Petition to Convert to a Provisional Application | <input type="checkbox"/> Proprietary Information |
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SIGNATURE OF APPLICANT, ATTORNEY, OR AGENT

Firm Name	Chernoff, Vilhauer, McClung & Stenzel, LLP		
Signature			
Printed name	William O. Geny		
Date	October 12, 2005	Reg. No.	27,444

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Signature			
Typed or printed name	William O. Geny	Date	October 12, 2005

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**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE
PATENT APPLICATION EXAMINING OPERATIONS**

Appl. No.:	10/625,019	Confirmation No.:	8421
Applicant:	Paul R. GARY	TC/A.U.	3764
Filed:	July 23, 2003	Examiner	Lori Baker AMERSON
Title:	ABDOMINAL EXERCISE DEVICE	Docket No.	WOG 8339.0001

AMENDMENT

1600 ODS Tower
601 S.W. Second Avenue
Portland, OR 97204

October 12, 2005

Mail Stop Amendments
Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

Dear Sir:

In response to the Office Action of July 26, 2005, please amend the above-identified application as follows.

Amendments to the Claims are reflected in the listing of claims that begins on page 2 of this paper.

Remarks begin on page 5 of this paper.